Courtney Watson is a Gary, In native and Hampton University graduate with a Bachelor's in Psychology. She has been dancing since the age of three years old competitively and pre-professionally in her community. She has knowledge in numerous styles of dance, including but not limited to: Jazz , Tap, Ballet , Modern and Hip Hop. She was a member of the Ebony Fire Dance team of Hampton University, where she served as head captain for two years and traveled internationally . She has been teaching and assisting dance classes since 2015 at Asia's Dance Factory in Gary, In. While in school, she worked Stretch -N-Grow of Hampton Roads under the direction of Mrs. Dana Bevington as a fitness and dance instructor. Her goals are to reach young people through the arts and create an outlet for people to express themselves and follow their dreams.